



Recipe #452 Diabetic Friendly Braised Onions

Serving Size and Ingredients: 4 oz.

25 Servings	50 Servings	100 Servings	Ingredients
6-1/4 lbs.	12-1/2 lbs.	25 lbs.	Onions. Raw, Chopped
¼ oz.	½ oz.	1 oz.	Shortening
¼ tsp.	½ tsp.	1 tsp.	Paprika
¼ tsp.	½ tsp.	1 tsp.	Pepper, Black

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Instructions:

- 1. Slice onions about ½ inch thick.**
- 2. Divide onions into 3 steam table pans.**
- 3. Add two (2) gals of water to each pan.**
- 4. Cook on stovetop until onions are transparent about thirty (30) minutes.**
- 5. Add paprika and chicken base.**