



Recipe #745 Diabetic Friendly Oatmeal Cookie

Serving Size and Ingredients: 1 cookie

25 Servings	50 Servings	100 Servings	Ingredients
1 cup	2 cups	4 cups	Flour, Wheat, White, All Purpose, bleached, enriched.
½ tsp.	1 tsp.	2 tsp.	Leavening Agent, Baking Soda
¾ tsp.	1-1/2 tsp.	3 tsp.	Spice, Cinnamon, ground
1 cup	2 cups	4 cups	Cereal, Oats, Rolled, Oatmeal, Regular/Quick/Instant,
1 large	2 large	4 large	Egg, White, raw
¼ cup	½ cup	1 cup	Sweet, Sugar, brown
¼ cup	½ cup	1 cup	Sweet, Sugar, granulated, white
1/2 cup	1 cup	2 cup	Shortening, Vegetable
1/4 cup	½ cup	1 cup	Milk, Low fat, 1%
1/2 tsp.	1 tsp.	2 tsp.	Vanilla Extract

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 Council of Governments
 Non-Metro Area Agency on Aging
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- 1. Preheat oven to 375 degrees. Grease Cookie Sheet.***
- 2. Put all ingredients In food processor. Mix well.***
- 3. Drop by teaspoon onto greased cookie sheet.***
- 4. Bake for 12-15 minutes***

NOTE: Can use parchment paper instead of grease on cookie sheet.