



Recipe #402 Diabetic Friendly Beets Serving Size and Ingredients: 4 oz.

25 Servings	50 Servings	100 Servings	Ingredients
1-1/2 Cans	2-1/2 Cans	5 Cans	Beets, Sliced, #10 Cans
1/2 oz.	1 oz.	2 oz.	Salt
2 oz.	4 oz.	8 oz.	Margarine

Recipe #402 Diabetic Friendly Beets Instructions:

1. Add beets to steam table pan.
2. Heat to boiling point.
3. Add margarine. Stir until mixed and margarine is melted.
4. Add salt to taste.