



Recipe #450 Diabetic Friendly California Vegetables

Serving Size and Ingredients:

25 Servings	50 Servings	100 Servings	Ingredients
50 oz	100 oz	200 oz	Vege, Broccoli, chopped, frozen, boiled, drained, no salt
50 oz	100 oz	200 oz	Vege, Cauliflower, frozen, boiled, drained, no salt
50 oz	100 oz	200 oz	Vege, Carrots, frozen, boiled, drained, no salt

Instructions:

STEP 1: Mix all ingredients together and serve hot

Serving Size: 6 oz