



Recipe #444 Mexican Salad, Serving Size and Ingredients: 4 oz.

25 Servings	50 Servings	100 Servings	Ingredients
0.5 tbsp.	1 tbsp.	2 tbsp.	1. Olive or Canola Oil
0.5 tbsp.	1 Tbsp.	2 tbsp.	2. Lime Juice
2 tsp.	4 tsp.	8 tsp.	3. Herb, Garlic, raw
2 tsp.	4 tsp.	8 tsp.	4. Spice, Pepper, black
6 cups	12 cups	24 cups	5. Corn, Yellow,
6 cups	12 cups	24 cups	6. Tomato, Red, ripe, whole, raw
30 oz.	60 oz.	120 oz.	7. Beans, Black, mature seeds, boiled w/o salt
1.5 med.	3 med.	6 med.	8. Pepper, Sweet, Green
1.5 med.	3 med.	6 med.	9. Pepper, Sweet, Red, raw
2/3 cups	1 1/3 cups	2 2/3 cups	10. Herb, Cilantro

North Central New Mexico Economic Development District
Council of Governments
Non-Metro Area Agency on Aging
PO Box 5115 Santa Fe NM 87502
505-827-7313



Recipe #444 Mexican Salad, Instructions:

- 1. Mix oil, lime juice, garlic, and pepper in bowl.***
- 2. Add remaining ingredients; toss gently to mix and coat***

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