



Recipe #442 Diabetic Friendly Spinach

Serving Size and Ingredients: 6 oz.

25 Servings	50 Servings	100 Servings	Ingredients
7 1/2 lbs.	15 lbs.	30 lbs.	Spinach, Frozen
3 tsp.	2/3 cup	1 cup	Margarine, Solid

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Instructions:

1. Partially cook spinach; drain well: place in pans.
2. Add margarine and bake for 25 minutes.

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