



## **Recipe #108 Beef Barley Soup, Serving Size and Ingredients:6 oz.**

<b>25 Servings</b>	<b>50 Servings</b>	<b>100 Servings</b>	<b>Ingredients</b>
1 lb. + 8 oz.	3 lbs.	6 lbs.	Ground Beef
1-1/2 gal.	3 gal.	6 gal.	Water
¼ cup + 2T	¾ cup	1-1/2 cups	Low Sodium Beef Broth
1-1/4 cup	1-1/2 cup	1 qt. + 1 cup	Barley
1 lb. + 8 oz.	3 lbs.	6 lbs.	Carrots, chopped
10 oz.	1 lb. + 4 oz.	2 lbs. + 8 oz.	Celery, chopped
10 oz.	1 lb. + 4 oz.	2 lbs. + 4 oz.	Onions, chopped
2-1/2	5	10	Bay Leaves
¾ tsp.	1-1/2 tsp.	1 T	Pepper

North Central New Mexico Economic Development District  
 Council of Governments  
 Non-Metro Area Agency on Aging  
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## **Recipe #108 Beef Barley Soup, Instructions:**

- 1. *Brown and drain ground beef.***
- 2. *Combine ground beef and water.***
- 3. *Add remaining ingredients.***
- 4. *Simmer 1 hour.***
- 5. *Remove bay leaf.***